

## **The Living Message of Christ**

*The Truth of the Living Word, Jesus, the Savior of the World*

### **The Holy Season of Lent.....**

*.....Calls us to embrace the Cross and to share in Christ's suffering through acts of prayer, fasting and almsgiving. Padre Pio ultimately and powerfully experienced Christ's suffering, both physically and spiritually.*

*For 50 years he bore within his body the Stigmata, the five wounds of Christ Crucified, and endured terrible trials, including physical pain, spiritual battles and even horrendous persecution. He knew first-hand that suffering has a purpose in God's plan.*

*That is why Padre Pio encouraged us to have hope even under the weight of our struggles. His life reminds us that our suffering, when united with Christ's sacrifice, has redemptive values and leads to our spiritual growth.*

### **A Prayer from Padre Pio.....**

*When you **Pray** to your heavenly Father, you put your*

***Hope** in His Hands, therefore,*

***Don't Worry** as He will take care of You!*

*When faced with a difficulty, How do you react? With faith? How willing are you to obey God's commandments? (and ask for forgiveness when you really are not willing to do so?) Always be willing to say: "I'm sorry". Remember to always give the problem to God.*